

GENERAL ASSEMBLY COMMONWEALTH OF KENTUCKY

2010 REGULAR SESSION

The following bill was reported to the Senate from the House and ordered to be printed.

TREY GRAYSON
SECRETARY OF STATE
COMMONWEALTH OF KENTUCKY

AN ACT relating to psychiatric residential treatment facilities.

Be it enacted by the General Assembly of the Commonwealth of Kentucky:

1		→ Section 1. KRS 216B.450 is amended to read as follows:
2	As t	used in this section, [and] KRS 216B.455, and Section 3 of this Act:
3	(1)	"Cabinet" means the Cabinet for Health and Family Services;
4	(2)	"Community-based" means a facility that is located in an existing residential
5		neighborhood or community;
6	(3)	"Freestanding" means a completely detached building or two (2) residences under
7		one (1) roof that are clearly separate and can serve youth independently;
8	(4)	"Home-like" means a residence with living space designed to accommodate the
9		daily living needs and tasks of a family unit, with opportunity for adult-child
10		communication, shared tasks, adult-child learning, congregate meals, and family-
11		type routines appropriate to the ages and levels of functioning of the residents; [-and]
12	(5)	"Psychiatric residential treatment facility" means either a licensed:
13		(a) Level I[,] community-based, and home-like facility with a maximum of nine
14		(9) beds which provides inpatient psychiatric residential treatment to residents
15		age six (6) to twenty-one (21) years who have an emotional disability or
16		severe emotional disability as defined in KRS 200.503, with an age range of
17		no greater than five (5) years at the time of admission in a living unit; or
18		(b) Level II home-like facility that provides twenty-four (24) hour inpatient
19		psychiatric residential treatment and habitation to persons who:
20		1. Are ages four (4) to twenty-one (21) years, with an age range of no
21		greater than five (5) years at the time of admission to the facility;
22		2. Have a severe emotional disability as defined by KRS 200.503 in
23		addition to severe and persistent aggressive behaviors, intellectual
24		disability, sexually acting out behaviors, or developmental disability;
25		and

1		3. Do not meet the medical necessity criteria for an acute care hospital or
2		a psychiatric hospital and whose treatment needs cannot be met in an
3		ambulatory care setting, Level I psychiatric residential treatment
4		facility, or other less restrictive environment;
5	<u>(6)</u>	"Qualified mental health personnel" means a staff member who operates under
6		the supervision of a qualified mental health professional; and
7	<u>(7)</u>	"Qualified mental health professional" has the same meaning as in KRS
8		<u>202A.011</u> .
9		→ Section 2. KRS 216B.455 is amended to read as follows:
10	(1)	A certificate of need shall be required for all <u>Level I</u> psychiatric residential
11		treatment facilities. The application for a certificate of need shall include formal
12		written agreements of cooperation that identify the nature and extent of the
13		proposed working relationship between the proposed <u>Level I</u> psychiatric residential
14		treatment facility and each of the following agencies, organizations, or facilities
15		located in the service area of the proposed facility:
16		(a) Regional interagency council for children with emotional disability or severe
17		emotional disability as defined in KRS 200.509;
18		(b) Department for Community Based Services;
19		(c) Local school districts;
20		(d) At least one (1) psychiatric hospital; and
21		(e) Any other agency, organization, or facility deemed appropriate by the cabinet.
22	(2)	Notwithstanding provisions for granting of a nonsubstantive review of a certificate
23		of need application under KRS 216B.095, the cabinet shall review and approve the
24		nonsubstantive review of an application seeking to increase the number of beds as
25		permitted by KRS 216B.450 if the application is submitted by an eight (8) bed or
26		sixteen (16) bed <u>Level I</u> psychiatric residential treatment facility licensed and
27		operating or holding an approved certificate of need on July 13, 2004. The cabinet

- shall base its approval of expanded beds upon the <u>Level I</u> psychiatric residential treatment facility's ability to meet standards designed by the cabinet to provide stability of care. The standards shall be promulgated by the cabinet in an administrative regulation in accordance with KRS Chapter 13A. An application under this subsection shall not be subject to any moratorium relating to certificate of need.
- 7 (3) All <u>Level I</u> psychiatric residential treatment facilities shall comply with the licensure requirements as set forth in KRS 216B.105.
- 9 (4) All <u>Level I</u> psychiatric residential treatment facilities shall be certified by the Joint
 10 Commission on Accreditation of Healthcare Organizations, or the Council on
 11 Accreditation <u>of Services for Families and Children</u>, or any other accrediting body
 12 with comparable standards that is recognized by the state.
- 13 (5) A <u>Level I</u> psychiatric residential treatment facility shall not be located in or on the
 14 grounds of a psychiatric hospital. More than one (1) freestanding <u>Level I</u> psychiatric
 15 residential treatment facility may be located on the same campus that is not in or on
 16 the grounds of a psychiatric hospital.
- 17 (6) The total number of <u>Level I</u> psychiatric residential treatment facility beds shall not
 18 exceed three hundred and fifteen (315) beds statewide[, and shall be distributed
 19 among the state mental hospital districts established by administrative regulations
 20 promulgated by the Cabinet for Health and Family Services under KRS 210.300 as
 21 follows:
- 22 (a) District I for seventy two (72) beds;
- 23 (b) District II for ninety nine (99) beds;
- 24 (c) District III for ninety (90) beds; and
- 25 (d) District IV for fifty four (54) beds].
- 26 (7) (a) The Cabinet for Health and Family Services shall investigate the need for

 27 specialty foster care and posttreatment services for persons discharged

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1	from[children's] Level I and Level II psychiatric residential treatment
2	facilities[services for specialized populations including, but not limited to,
3	sexual offenders, children with physical and developmental disabilities, and
4	children with dual diagnoses].
5	(b) The cabinet shall report to the Governor and the Legislative Research
6	Commission by August 1, 2011[2005], detailing information on specialty
7	foster care and posttreatment services for persons discharged from Level I
8	and Level II psychiatric residential treatment facilities on a plan to enable
9	children with specialized needs to be served in community based psychiatric
10	treatment facilities in Kentucky. The plan shall include methods to:
11	1. Identify the specialized populations;
12	2. Develop services targeted for the specialized populations; and
13	3. Establish a Medicaid reimbursement rate for specialized facilities in
14	Kentucky] .
15	→SECTION 3. A NEW SECTION OF KRS 216B.450 TO 216B.459 IS
16	CREATED TO READ AS FOLLOWS:
17	(1) A certificate of need shall be required for all Level II psychiatric residential
18	treatment facilities. The need criteria for the establishment of Level II psychiatric
19	residential treatment facilities shall be in the state health plan.
20	(2) An application for a certificate of need for Level II psychiatric residential
21	treatment facilities shall not exceed fifty (50) beds. Level II facility beds may be
22	located in a separate part of a psychiatric hospital, a separate part of an acute
23	care hospital, or a Level I psychiatric residential treatment facility if the Level II
24	beds are located on a separate floor, in a separate wing, or in a separate building.
25	A Level II facility shall not refuse to admit a patient who meets the medical
26	necessity criteria and facility criteria for Level II facility services. Nothing in this
27	section, and Sections 1 and 2 of this Act shall be interpreted to prevent a

1	psychiatric residential treatment facility from operating both a Level I psychiatric
2	residential treatment facility and a Level II psychiatric residential treatment
3	facility.
4	(3) The application for a Level II psychiatric residential treatment facility certificate
5	of need shall include formal written agreements of cooperation that identify the
6	nature and extent of the proposed working relationship between the proposed
7	Level II psychiatric residential treatment facility and each of the following
8	agencies, organizations, or entities located in the service area of the proposed
9	facility:
10	(a) Regional interagency council for children with emotional disability or
11	severe emotional disability created under KRS 200.509;
12	(b) Community mental health-mental retardation board established under KRS
13	<u>210.380;</u>
14	(c) Department for Community Based Services;
15	(d) Local school districts;
16	(e) At least one (1) psychiatric hospital; and
17	(f) Any other agency, organization, or entity deemed appropriate by the
18	<u>cabinet.</u>
19	(4) The application for a certificate of need shall include:
20	(a) The specific number of beds proposed for each age group and the specific,
21	specialized program to be offered;
22	(b) An inventory of current services in the proposed service area; and
23	(c) Clear admission and discharge criteria including age, sex, and other
24	<u>limitations.</u>
25	(5) All Level II psychiatric residential treatment facilities shall comply with the
26	licensure requirements as set forth in KRS 216B.105.
27	(6) All Level II psychiatric residential treatment facilities shall be certified by the

1	Joint Commission on Accreditation of Healthcare Organizations, or the Council
2	on Accreditation of Services for Families and Children, or any other accrediting
3	body with comparable standards that are recognized by the Centers for Medicare
4	and Medicaid Services.
5	(7) A Level II psychiatric residential treatment facility shall be under the clinical
6	supervision of a qualified mental health professional, with training or experience
7	in mental health treatment of children and youth.
8	(8) Treatment services shall be provided by qualified mental health professionals or
9	qualified mental health personnel. Individual staff who will provide educational
10	programs shall meet the employment standards outlined by the Kentucky Board
11	of Education and the Education Professional Standards Board.
12	(9) A Level II psychiatric residential treatment facility shall meet the following
13	requirements with regard to professional staff:
14	(a) A licensed psychiatrist, who is board-eligible or board-certified as a child or
15	adult psychiatrist, shall be employed or contracted to meet the treatment
16	needs of the residents and the functions that shall be performed by a
17	psychiatrist;
18	(b) If a Level II psychiatric residential treatment facility has residents ages
19	twelve (12) and under, the licensed psychiatrist shall be a board-eligible or
20	board-certified child psychiatrist; and
21	(c) The licensed psychiatrist shall be present in the facility to provide
22	professional services to the facility's residents at least weekly.
23	(10) A Level II psychiatric residential treatment facility shall:
24	(a) Prepare a written staffing plan that is tailored to meet the needs of the
25	specific population of children and youth that will be admitted to the facility
26	based on the facility's admission criteria. The written staffing plan shall
27	include but not be limited to the following:

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1		1. Specification of the airect care staffing per patient ratio that the
2		facility shall adhere to during waking hours and during sleeping
3		hours;
4		2. Delineation of the number of direct care staff per patient, including
5		the types of staff and the mix and qualifications of qualified mental
6		health professionals and qualified mental health personnel, that shall
7		provide direct care and will comprise the facility's per patient staffing
8		<u>ratio;</u>
9		3. Specification of appropriate qualifications for individuals included in
10		the per patient staffing ratio by job description, education, training,
11		and experience;
12		4. Provision for ensuring compliance with its written staffing plan, and
13		specification of the circumstances under which the facility may deviate
14		from the per patient staffing ratio due to patient emergencies, changes
15		in patient acuity, or changes in patient census; and
16		5. Provision for submission of the written staffing plan to the cabinet for
17		approval as part of the facility's application for initial licensure.
18		No initial license to operate as a Level II psychiatric residential treatment
19		facility shall be granted until the cabinet has approved the facility's written
20		staffing plan. Once a facility is licensed, it shall comply with its approved
21		written staffing plan and, if the facility desires to change its approved per
22		patient staffing ratio, it shall submit a revised plan and have the plan
23		approved by the cabinet prior to implementation of the change;
24	<u>(b)</u>	Require full-time professional and direct care staff to meet the continuing
25		education requirements of their profession or be provided with forty (40)
26		hours per year of in-service training; and
7	(c)	Develop and implement a training plan for all staff that includes but is not

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1	limited to the following:
2	1. Behavior management procedures and techniques;
3	2. Physical management procedures and techniques;
4	3. First aid;
5	4. Cardiopulmonary resuscitation;
6	5. Infection control procedures;
7	6. Child and adolescent growth and development;
8	7. Training specific to the specialized nature of the facility;
9	8. Emergency and safety procedures; and
10	9. Detection and reporting of child abuse and neglect.
11	(11) A Level II psychiatric residential treatment facility shall require a criminal
12	records check to be completed on all employees and volunteers. The employment
13	or volunteer services of an individual shall be governed by KRS 17.165, with
14	regard to a criminal records check. A new criminal records check shall be
15	completed at least every two (2) years on each employee or volunteer.
16	(12) (a) Any employee or volunteer who has committed or is charged with the
17	commission of a violent offense as specified in KRS 439.3401, a sex crime
18	specified in KRS 17.500, or a criminal offense against a victim who is a
19	minor as specified in KRS 17.500 shall be immediately removed from
20	contact with a child within the residential treatment center until the
21	employee or volunteer is cleared of the charge.
22	(b) An employee or volunteer under indictment, legally charged with felonious
23	conduct, or subject to a cabinet investigation shall be immediately removed
24	from contact with a child.
25	(c) The employee or volunteer shall not be allowed to work with the child until
26	a prevention plan has been written and approved by the cabinet, the person
27	is cleared of the charge, or a cabinet investigation reveals an

1	unsubstantiated finding, if the charge resulted from an allegation of child
2	abuse, neglect, or exploitation.
3	(d) Each employee or volunteer shall submit to a check of the central registry.
4	An individual listed on the central registry shall not be a volunteer at or be
5	employed by a Level II psychiatric residential treatment facility.
6	(e) Any employee or volunteer removed from contact with a child, pursuant to
7	paragraph (12) of this section, may, at the discretion of the employer, be
8	terminated, reassigned to a position involving no contact with a child, or
9	placed on administrative leave with pay during the pendency of the
10	investigation or proceeding.
11	(13) An initial treatment plan of care shall be developed and implemented for each
12	resident, and the plan of care shall be based on initial history and ongoing
13	assessment of the resident's needs and strengths, with an emphasis on active
14	treatment, transition planning, and after care services, and shall be completed
15	within seventy-two (72) hours of admission.
16	(14) A comprehensive treatment plan of care shall be developed and implemented for
17	each resident, and the plan of care shall be based on initial history and ongoing
18	assessment of the resident's needs and strengths, with an emphasis on active
19	treatment, transition planning, and after care services, and shall be completed
20	within ten (10) calendar days of admission.
21	(15) A review of the treatment plan of care shall occur at least every thirty (30) days
22	following the first ten (10) days of treatment and shall include the following
23	documentation:
24	(a) Dated signatures of appropriate staff, parent, guardian, legal custodian or
25	conservator;
26	(b) An assessment of progress toward each treatment goal and objective with
27	revisions as indicated; and

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1	(c) A statement of justification for the level of services needed, including
2	suitability for treatment in a less-restrictive environment and continued
3	services.
4	(16) A Level II psychiatric residential treatment facility shall provide or arrange for
5	the provision of qualified dental, medical, nursing, and pharmaceutical care for
6	residents. The resident's parent, guardian, legal custodian, or conservator may
7	choose a professional for nonemergency services.
8	(17) A Level II psychiatric residential treatment facility shall ensure that opportunities
9	are provided for recreational activities that are appropriate and adapted to the
10	needs, interests, and ages of the residents.
11	(18) A Level II psychiatric residential treatment facility shall assist residents in the
12	independent exercise of health, hygiene, and grooming practices.
13	(19) A Level II psychiatric residential treatment facility shall assist each resident in
14	securing an adequate allowance of personally owned, individualized, clean, and
15	seasonal clothes that are the correct size.
16	(20) A Level II psychiatric residential treatment facility shall assist, educate, and
17	encourage each resident in the use of dental, physical, or prosthetic appliances or
18	devices and visual or hearing aids.
19	(21) The cabinet shall promulgate administrative regulations that include but are not
20	limited to the following:
21	(a) Establishing requirements for tuberculosis skin testing for staff of a Level
22	II psychiatric residential treatment facility;
23	(b) Ensuring that accurate, timely, and complete resident assessments are
24	conducted for each resident of a Level II psychiatric residential treatment
25	facility;
26	(c) Ensuring that accurate, timely, and complete documentation of the
27	implementation of a resident's treatment plan of care occurs for each

1	resident of a Level II psychiatric residential treatment facility;
2	(d) Ensuring that an accurate, timely, and complete individual record is
3	maintained for each resident of a Level II psychiatric residential treatment
4	facility;
5	(e) Ensuring that an accurate, timely, and complete physical examination is
6	conducted for each resident of a Level II psychiatric residential treatment
7	facility;
8	(f) Ensuring accurate, timely, and complete access to emergency services is
9	available for each resident of a Level II psychiatric residential treatment
10	facility; and
11	(g) Ensuring that there is accurate, timely, and complete administration of
12	medications for each resident of a Level II psychiatric residential treatment
13	facility.
14	(22) The cabinet shall, within ninety (90) days of the effective date of this Act,
15	promulgate administrative regulations in accordance with KRS Chapter 13A to
16	implement this section and Sections 1 and 2 of this Act. When promulgating the
17	administrative regulations, the cabinet shall not consider only staffing ratios
18	when evaluating the written staffing plan of an applicant but shall consider the
19	applicant's overall ability to provide for the needs of patients.
20	(23) The cabinet shall report, no later than August 1 of each year, to the Interim Joint
21	Committee on Health and Welfare regarding the implementation of this section
22	and Sections 1 and 2 of this Act. The report shall include but not be limited to
23	information relating to resident outcomes, such as lengths of stay in the facility,
24	locations residents were discharged to, and whether residents were readmitted to
25	a Level II psychiatric residential treatment facility within a twelve (12) month
26	period.

Speaker-House of Representatives

President of Senate

Attest: Chief Clerk of House of Representatives

Approved Governor

Date March 4, 2010